

To Masters in Charge

The Master in Charge is responsible for the pupils from their school throughout the day as well as the running, or helping with events. Could you also please make sure the rules of etiquette for an athletics meeting are known to your parents. Particularly discourage them from crossing the track.

The following will be the starting heights for the high jump events (Boys only)

- U.10 1m
- U.11 1m 10
- U.12 1m 15
- U.13 1m 20
- U.14 1m 25

In all other jumps and throws events if the competition is not running to time or there is an exceptionally large field, measurements will be taken until a time when 6 competitors have passed the minimum standard. At this point only jumps or throws which exceed the minimum standard will be measured.

Please avoid disturbing the scrutineers in the control hut during the meeting. Track changes should be handed in to the control hut before the meeting starts. Changes to field events can be taken directly to the event official.

Please make sure your area is litter free at the end of the meeting.

It is important that all schools are aware that we can offer First Aid to competitors with minor injuries and a qualified matron is on hand in such eventualities. We are also very close to the hospital and an ambulance will be called out immediately should a more serious accident occur. We do not, however, have an ambulance on site. If you feel this to be inadequate then please do not let your athletes compete.

Additional relevant information:

- Age Groups - Under 14, Under 13, Under 12, Under 11, Under 10.
All ages as on **1ST SEPTEMBER 2009**.
- Please take note of MINIMUM standards.
U.10s races are 75m, 150m and 600m. No minimum standards will be set until 2009 in these races.
- Bracknell has a Tartan Track, so only shorter spikes are allowed.
- Each athlete may enter a maximum of THREE events (two track and one field or visa versa), plus the relay.

Maximum of **two** boys and **two** girls per school per event.

No athlete may enter both the 800m and 1500m events.

- WILL ALL SCHOOLS PLEASE MAKE SURE THEY ARE AT THE STADIUM WELL BEFORE START TIME. The order of events will be **similar** to last year but some of the times for the field events may differ.
- All changes must be given to the control desk and to the official in control of the relevant event. Track events to the relevant track marshal and field events to the official in charge of the event.
- TRACK EVENTS: All athletes must report to the Track Marshalling Area when their event is called. Track events take priority over any field events.
- The winners, plus the second (if minimum standard achieved) in the Under 14, 13, and 12 age groups will be eligible to compete at the nationals.
- Any athlete who wishes to compete in the National Competition should compete in the appropriate age group at this meeting.
- Please bring your own safety pins.
- Only Officials and competitors will be allowed inside the track and schools will be held responsible for their athletes and parents.